

## **CTR SPOTLIGHTS FOR AUGUST 2020:**

Let's meet Connie and Steve Schoch who carpool for their commute to work! Here is what they have to say about their commuting experiences and participation in the reduction of the Single Occupancy Vehicle (SOV) commute:



We met and married at St. Peters. Steve has worked here for 40 years and me, 32 years. Initially, we worked different shifts for several years and as jobs opened, we were able to get the same hours. We decided it would be better on the budget, environment, and wear and tear of vehicles to carpool. We have been sharing the carpooling experience for at least 25 years! It has been great! We would encourage others to carpool, as it has saved in so many ways.

## **CTR SPOTLIGHT FOR SEPTEMBER 2020:**

Let's meet Michelle Gallo who Telecommutes to work! Here is what she has to say about her commuting experiences and participation in the reduction of the Single Occupancy Vehicle (SOV) commute:



My name is Michelle Gallo. I have been working at Providence St Peter's hospital since 2003. I initially worked as a telemetry nurse. I transitioned to working as a clinical documentation specialist in 2010. When I first started working as a clinical documentation specialist the job required us to be onsite. We were housed in cubical on the 2<sup>nd</sup> floor. This was a great experience and allowed for extensive team building. However, there was limited office space and our department decided to pilot working from home. Working from home became a God send. This last year my sister in law found out she had breast cancer. She lived in Arizona. The ability to telecommute and allowed me to be able to temporally move down to Arizona to help her and her family while she went through treatment. I was able to work from home and get as much if not more work accomplished. I had weekends free to take care of my nephews which allowed my sister in law time to recuperate from chemotherapy and surgery. I will always be grateful to

my boss Keely Janway for making it possible to be there when my family needed me the most. My sister in law fully recovered and we have all moved back to Washington. The benefits of working from home are many. I have fewer distractions, I can play music while I work. I can even work in pajamas. I currently live about 15 miles from the hospital. The hospital has worked very hard to make telecommuting possible. We can use Teams to have virtual meetings. I.T is there to help when there are technical issues. The only down side to working from home is not being able to see my fellow co-workers, I do miss spending time with them. Besides not seeing my co-workers the work is the same. I am able to do everything at home that I could do on sight. I am very grateful for the option to work from home, especially during this pandemic. I do education for my team. At first it was difficult to provide education remotely but in time we adapted and learned to use our resources. We can now share screens so that I can demo a program for my co-workers or present a PowerPoint. I occasionally have problems with screen sharing and the sound in Teams. However, problems are far outweighed by the benefits of working from home.